Don’t puncture the vapor retarder

Even small holes increase water-vapor emissions

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Specifiers often require concrete floors to be placed directly on a vapor retarder to reduce inflow of moisture from the subgrade soil and provide long-term protection for moisture-sensitive floor coverings. Water-vapor emissions as high as 100 pounds/1,000 square feet/24 hours have been measured over soils (Ref. 1).

Covering the subgrade with a vapor retarder can help reduce emission rates from concrete-floor surfaces to the 3 or 5 lbs/1,000 sf/24 hrs typically required by floor-covering installers. But what happens if the vapor retarder is punctured or installed incorrectly? (See “Sources of Vapor-Retarder Leaks” on page 1074.) To answer this question, The Aberdeen Group performed calcium-chloride cup tests on vapor retarders with and without holes.

Test setup and procedure

We performed the calcium-chloride cup tests over intact and punctured vapor retarders placed over a sand subbase at two moisture contents. We also varied vapor-retarder thickness and the size of the punctures.

Technicians placed ASTM C 33 concrete sand in twelve 16-inch-diameter, 3%-inch-deep metal pans. To simulate saturated sand, they poured water into eight of the pans until the water level was visible just below the top of the pan. They weighed the sand in the other four pans and added 8% water by weight to simulate a typical optimum moisture content for a granular subbase.

The technicians covered four of the saturated-sand samples with 8-mil-thick polyethylene sheeting and the other four with 40-mil-thick polyethylene, using duct tape to secure the overhanging sides to the pan and prevent moisture loss. They used a similar procedure to cover the four pans containing lower-moisture-content sand with an 8-mil-thick polyethylene sheet. Figure 1 shows the test setup, and Table 1 shows the test condition of the vapor retarder. In each of the three sets of four pans, one vapor retarder was intact, one had a 1/8-inch-diameter nail hole, one had a 5/8-inch-diameter stake hole and one had an opening cut to the size of the lid for the calcium-chloride test kit.

Technicians measured water-vapor emission rates for all 12 specimens, using calcium-chloride cup test kits that were left in place three days. After the first test, the filled pans were stored in the laboratory for

Figure 1. To measure water-vapor emissions through holes in the vapor retarder, eight pans filled with wet sand (photo A) were covered with 8-mil polyethylene sheeting (white) and four pans with 40-mil polyethylene (gray). Polyethylene covering three of the pans on the right had openings cut to the size of the lid for the vapor-emission test kit. As shown in photo B, emission rate from the uncovered sand was measured with the calcium-chloride cup placed directly on the sand. Photo C shows a test kit mounted over a 5/8-inch-diameter hole in the polyethylene covering.
about 10 weeks and then retested for vapor emissions. For the retest, no additional water was added to the sand.

**Significant emissions through stake holes**

Table 1 also shows the water-vapor emission rates for each initial test and retest. The emission rate through the vapor retarders with no holes averaged 0.6 lb/1,000 sf/24 hrs, and the results appear to indicate a higher emission rate through the thicker vapor retarder. However, we have conducted many calcium-chloride cup tests, and our experience doesn't support a conclusion that reducing the vapor-retarder thickness reduces vapor-emission rate. We believe the measured differences in emission rates over the intact vapor retarders more likely reflect a high test-precision error relative to the low emission rates that were measured.

<table>
<thead>
<tr>
<th>Test condition</th>
<th>Initial test</th>
<th>Retest</th>
<th>Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>No holes</td>
<td>0.3</td>
<td>0.7</td>
<td>0.4</td>
</tr>
<tr>
<td>Nail hole — ¼ in.</td>
<td>1.1</td>
<td>1.0</td>
<td>0.9</td>
</tr>
<tr>
<td>Stake hole — ½ in.</td>
<td>3.0</td>
<td>2.0</td>
<td>2.6</td>
</tr>
<tr>
<td>Open sand</td>
<td>8.9</td>
<td>8.8</td>
<td>9.0</td>
</tr>
</tbody>
</table>

**Comparison with other vapor-retarder test results**

Our results showing the effects of intact vapor retarders are similar to those from earlier tests by Brewer (Ref. 3). He measured moisture inflow from the subbase into 4-inch-thick concrete specimens with a water-cement ratio of 0.70 and placed directly on:

- Compacted clay
- Compacted clay covered with a gravel layer
- Compacted clay covered with a...
vapor retarder

- Compacted clay covered with a gravel layer and vapor retarder.

He used two different vapor retarders: 4-mil polyethylene and 55-pound roofing felt. For details of his tests, see the article “Moisture Movement Through Concrete Slabs,” Concrete Construction, November 1997, pp. 879-885.

Brewer started measuring moisture inflow about a month after the concrete had been placed. At this time, the inflow for concrete placed directly on compacted clay was about 20 lbs/1,000 sf/24 hrs. Inflow for the clay covered with a vapor retarder was about 7 lbs/1,000 sf/24 hrs. Thus, an intact vapor retarder over a clay subgrade reduced moisture inflow by about 13 lbs/1,000 sf/24 hrs.

Inflow for concrete placed directly on a gravel layer over compacted clay was about 14 lbs/1,000 sf/24 hrs. Covering the clay and gravel with a vapor retarder had reduced inflow to about 6 lbs/1,000 sf/24 hrs. Thus, an intact vapor retarder over a gravel subbase reduced moisture inflow by about 8 lbs/1,000 sf/24 hrs, respectively.

Brewer’s values are in the same range as our initial and retest values of about 9 and 11 lbs/1,000 sf/24 hrs, respectively, for intact vapor retarders placed over a wet sand subbase. Brewer wasn’t able to detect vapor-emission differences between 4-mil polyethylene and 55-pound roofing felt, and we couldn’t detect differences between 8-mil and 40-mil polyethylene.

Ensuring an effective vapor retarder

Because punctures or other openings in a vapor retarder can significantly increase water-vapor emissions through concrete floor slabs, specifiers should consider protective measures during the design process.

Some specifiers prefer a thick vapor retarder that will be more puncture-resistant during typical construction activities. Others require placement of a granular layer over the vapor retarder, specifying the use of a rounded gravel because angular crushed particles are more likely to puncture the vapor retarder. More cautious specifiers may require both a thicker vapor retarder and the placement of a rounded, granular layer over it. Whenever granular materials are placed over a vapor retarder, specifiers should be aware that a prolonged drying period may be needed if the granular materials get wet during building construction.

Contractors, too, must avoid damaging the vapor retarder. Some form manufacturers make supports for slab edge forms (Fig. 2) that don’t require puncturing the vapor retarder with a stake. Many contractors use job-built edge-form supports with wide bearing pads to avoid punching the plastic with edge-form stakes.

Finally, contractors must install the vapor retarder correctly by following manufacturers’ instructions that usually require:

- Lapping joints and sealing them
- Sealing around all penetrations
- Lapping over footings, sealing to foundation walls, or both
- Protecting the vapor retarder during installation of reinforcing steel and utilities and during concrete placement
- Repairing any damage to the vapor retarder

Sources of vapor-retarder leaks

Through punctures caused by:

- Finishers poking holes in the vapor retarder so they can start work sooner. Because placing concrete directly on a vapor retarder instead of an absorptive base increases the bleeding period, some finishers do this to minimize delays.
- Workers puncturing the vapor retarder with stakes while placing edge forms and rebar supports.
- Vehicle traffic before and during the pour, which can rip the thin plastic sheets or cause underlying sharp aggregates to puncture them.

Through openings at:

- Unsealed edges along laps.
- Penetrations in the vapor retarder.
- Floor-wall joints. The vapor retarder should be pulled up at the sides and sealed to the footing or foundation wall, as recommended by Reference 2.

References